



MINUTES

Lakeway Elementary PTO Minutes
December 5th, 2019

In Attendance

Alyssa Palmer, Torie Pearce, Avio Green, Maya Avas, Kristin Kenaston, Paula Draughn, Leslie Kempler, Kelly Rees, Shalonda Inniss, Rachael Duelle, Michele Zimmer, Margaret Green, Jessica Romero

The meeting was called to order by Kristin Kenaston at 7:48 AM.

- I. **MEETING MINUTES APPROVAL** – The November 2019 minutes were presented, and a motion was made by Alyssa Palmer to approve. Paula Draughn seconded the motion and the motion was approved.
- II. **Welcome** - We have had such a great year so far, this is the last meeting of 2019 and we can't believe how fast time is flying. We are also very excited about all of the things and events we have planned for 2020.
- III. **Teacher's Report** - Mrs. Malone, Mrs. Rees, Mrs. Rodriguez
 - Mrs. Malone
 - o We are starting our reading program. If the kids read 6 hours they get a free ticket to 6 flags
 - o Will have hot cocoa in the library next week to help celebrate the holidays
 - o We are excited to announce that we earned over 5,000 dollars in the book fair.
 - o 3rd grade is going to the nutcracker at the Long Center.
 - o 5th grade science projects are due December 6th, the top 11 or 12 projects will move on to the regional science fair.
 - Mrs. Rodriguez 1st grade
 - o 1st grade is going to be studying holidays around the world and will be doing a bunch of projects to go along with this study.
 - Mrs. Rees
 - o 4th grade just got back from the science mill and it was our favorite field trip of the year.
 - o We are about to start holidays around the world and the kids will be researching using their chrome books.
 - o We are also doing an ugly sweater contest, each kids will write a paper on their sweater and why they believe their sweater is the ugliest.

VI. Social Update

- Maya Avas
 - o Mustang Social is going to be Friday, Feb 21. We have lots of great things planned including a new location at Antebellum Oaks, champagne wall, whiskey tasting, dinner, and dancing.
 - o The theme is Southern Sparkle
 - o Still looking for sponsorships and auction items.

V. Speaker: Social Emotional Learning – Jennifer Lyon

- Jennifer Lyon is the director of social emotional learning for the district, in charge of the SHAC committee, off campus P.E., and all district nurses.
- Social emotional learning: How full is your plate?
- What are the most important childhood predictors of life satisfaction in adulthood?
 - o Emotional health and prosocial behavior
- Texas ranked 3rd in the nation for mental health issues and 50th out of 51 for available resources.
- Our kids use a curriculum called Second Step to help teach the right tools for social emotional learning.
- Self-compassion - the practice of quieting the inner critic, replacing it with a voice of support, understanding, and care for oneself.
- Mindfulness is just the awareness that arises out of intentionally paying attention in an open, kind and discerning way.
 - o belly breathing, a good tool to help us calm down.
- Pro-social Human Development
 - o social emotional skills, are skills kids and adults have in their lives to manage themselves.

VI. Financial Update & Wish Lists - Paula Draughn

- Spending update - we got a late wish list item last night and we approved this as a board. It is a scholarship fund for the Honors choir students. It is 20 dollars each child, and they get a t-shirt, snack and the ability to perform. The motion was made by Jessica Romero and seconded by Alyssa Palmer. The scholarship was approved.
- The new chairs have been ordered and they should arrive early Feb.
- All wish list items were approved. The motion was made by Laura Pavlas and seconded by Stephanie Bell.

VII. President Announcements and Adjournment – Kristin Kenaston

- The Mustang Mixer is 1/5/20, it will be at the grove and we are asking for a wine donation this year.

X. Announcements

- 1/05/20.....Mustang Mixer

- 1/07/20.....Mustangs back to school!
- 1/16/20.....PTO general meeting
- 2/21/20.....Mustang Social

The meeting was adjourned at 8:50 AM.